

Activities for Teens

Classes begin the week of September 11 unless otherwise noted within class description. See page 2 for Code of Location Abbreviations.



Escalante Club Brio Teen Nights-Teens, ages 13-18, will create memories by participating in social events and unique, non-traditional sports activities in a club atmosphere. If you are interested in signing up for these field trips call 480-350-5800.

September 29th: Castles & Coasters 5-9pm \$3
October 19th: Haunted House 5:30-9:30pm \$6
November 18th: Out of Africa Wildlife 9:30am-3pm \$2
December 8th: Fiddlesticks 6:30-8:30pm \$2

Watch for the Winter Brochure coming the week of December 5.

Visual & Performing Arts

Beginning and Beginning II Guitar See page 20.
Belly Dance I, II, III See page 20.
Tribal Fusion See page 20.

Friendship Jewelry 480-350-5800-Learn how to make friendship jewelry out of embroidery floss, yarn and plastic string. Technique and styles include diagonal strip, chevron, swirl knot, square knot and more. There will also be a healthy snack! Fee: None.

3527 13-17yrs Th 9/14-10/5 4-5pm ESCA

General Interest

Above the Rim 480-350-5800-Open gym style basketball strictly for teens. Come show us your skills during open play. Play is monitored and timed with a set of rules to ensure positive play. No Class Nov. 23rd. Membership required. Fee: None.

13-18yrs T/Th Ongoing 4-5:15pm ESCA

Altered Books and Journal 480-350-5287-This class will explore the fun and expressive way to get started in the art of creating altered books and journals. An altered book is any book, old or new that has been painted, drawn on, cut, torn, burnt, sewn on, rubber stamped collaged, and generally altered until it is a work of art. Books can be useful or purely decorative, you decide! This class will let you tell your own story your way. A "suggestive" supply list will be handed out during the first class. Instructor: Emily. Fee: \$25.

4008 13-18yr Sa 9/16-11/4 2-3:30pm VIHIL

Babysitting Class, American Red Cross 480-350-5201-Learn how to properly care for small children, including accident prevention, feeding/dressing and what to do for breathing emergencies. Bring a non-perishable sack lunch. Fee: \$43.

3285 11-16yrs Sa 9/23 9am-2pm KRC
 3287 11-16yrs Sa 11/11 9am-2pm KRC

Real Teens, Alert Teens 480-350-5201-Are your teenagers dating? Hanging out at the mall? Chatting on-line? Help teens be safer and to have healthier relationships-empower them to make safe choices about people they meet, people they date, and those they communicate with on the Internet. Teens will not only be able to make better choices but may, in turn, help friends who have fallen victim to these types of predators. We'll have a realistic discussion on aspects of healthy and unhealthy (abusive) dating relationships; and help teens uncover the pathway to open dialogue with parents about these issues as they navigate their world from childhood to adulthood. Bring pen and paper to class. Fee: \$26.

3375 12-17yrs Su 10/1 2:30-4pm KRC

Strength Training 480-350-5800-Workout and have fun at the same time. Learn new techniques while becoming stronger, more flexible, and better balanced. Workouts will be designed to meet individual wants and needs. Fee: None. No Class Nov. 2nd, 9th, 23rd.

3560 12-16yrs T/Th 9/12-11/30 7:45-8:45pm ESCA

Teen Club 480-350-5800-This class is for teens to get to know each other and discuss some of the issues they face. Each class will involve games, healthy snacks and art projects. No class Nov. 23rd. Fee: None.

3528 13-17yrs Th 11/2-11/30 4-5:30pm ESCA

How to keep a good class going: Nothing kills a good class quicker than waiting until the last minute to register. If there aren't enough registrations by a certain date, the class may be cancelled. Coming in on the day the class begins won't resurrect it. REGISTER EARLY!!!

Health, Exercise & Sports Classes

Climbers Only for Teens-480-350-5200-You will build self-confidence while enjoying the excitement and challenge of rock climbing in an indoor, safety oriented environment. This clinic includes climbing, bouldering, rappelling, belaying and safety awareness. Participants need to arrive 15 minutes prior to class start time to be fitted for shoes and complete waiver form. Fee: \$29.

3103 11-15yrs Th 9/28-10/19 6:30-8:30pm ROC
 3104 11-15yrs Th 10/26-11/16 6:30-8:30pm ROC

Martial Arts, Judo-480-350-5200-See description on page 26.

Martial Arts, Karate 480-350-5200-See description on pages 13 & 26.

Martial Arts of the Peaceful Warrior-480-350-5200-See description in Activities for Youth on page 13.

Martial Arts, Street Smarts 480-350-5200-See description in Activities for Youth on page 13.

Teens Discover Scuba 480-350-5200-So you think you might like to learn to Scuba dive. Here is your chance to "test the waters". This three-hour introduction to Scuba will give you a hands-on look at what the sport is all about. You will learn about equipment, safety and certification requirements (this is not a certification class). Wear your swimsuit, bring a towel and get ready to have fun! Fee: \$24.

3105 12-15yrs T 10/3 4-6:30pm OCP
 3106 12-15yrs Th 10/19 4-6:30pm OCP

Volunteer Opportunities for Teens-Build a record of community service, gain work-like experience, and help your community by volunteering. School-year opportunities exist at the Tempe Public Library, Tempe Historical Museum, and more. For information, call the volunteer office at 480-350-5190.

High School Service Clubs Wanted!-Is your high school service club looking for one-time group projects? The City of Tempe needs your help to run its special events. Call 480-350-5190 to request a project list and to sign up.